

Getting Started with Microsoft Teams

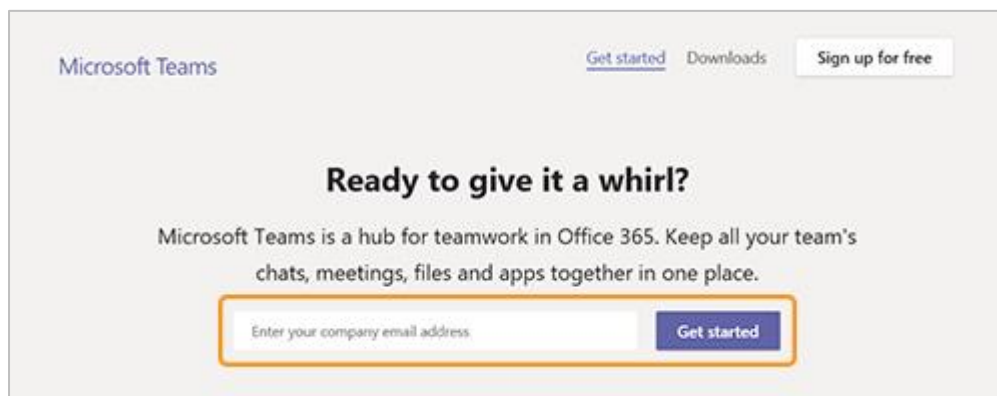
Microsoft Teams is available to all students and staff as part of Office 365.

Login information

Get started with Teams by entering your **full university username** in the 'Get Started' box at <https://teams.microsoft.com/start>

Students: username@my.londonmet.ac.uk

Staff: username@staff.londonmet.ac.uk



You must use either the **Edge or Google Chrome** web browser.

Once you have logged in for the first time you have the option to download the app or continue using the web browser you have chosen.

Download Microsoft Teams

MS Teams works best on your computer and mobile device through the app. You can install the apps on your device and log in with your London Met credentials so you can easily find people on Teams.

- [Download the app on your phone](#)
- [Install a desktop version](#)